

## SUPPORT BICYCLE ADVOCACY THIS SUMMER

**RIDE** RAPSody (Ride Around Puget Sound) August 26-27 with Executive Director Barbara Culp, and she'll give you a beautiful pair of Bicycle Alliance gloves and a new rear blinking light. Simply fill out the enclosed form and write "I want to ride with Barbara" on it and we'll make sure you get these goodies. Join her for a unique riding experience — road-side poetry, songs, jokes, advocacy tips, and more!

**VOLUNTEER** for the Tour de Fat, August 12 (see details on back page).

**ATTEND** the Statewide Issues and Legislative Committee meeting July 22 to help establish our legislative priorities. (See sidebar.)

**JOIN** Flexcar. If you live in Seattle, join Flexcar as a Bicycle Alliance member. Go to [www.flexcar.com](http://www.flexcar.com) and enter the promo code V75 Friend for the Bicycle Alliance. Mileage you earn can help our advocacy staff on occasional trips to Olympia.

**DONATE** to the Bicycle Alliance Auction on-line. We are actively seeking donations for our annual auction, and we've just made it easier for you to donate an item! Submit on-line now at [www.bicyclealliance.org/auction/procureform.php](http://www.bicyclealliance.org/auction/procureform.php). This year's auction is slated for November 4. Past popular auction items have included unique experiences, handcrafted items, getaways, and gift certificates.

**SHOW** your love for bicycling even when you drive. Purchase a Share the Road license plate. Sales of the Share the Road plates continue to skyrocket! As of June 1, cycling advocates like you had purchased 866 plates. If you buy one, let us know, as we only get monthly reports from the Department of Licensing.

**RIDE** your bike!

### Statewide Issues & Legislative Committee Meeting

July 22, 2006  
10AM – 2PM

You are invited to discuss Washington bicycling policy and legislation at the annual meeting.

- Discuss what issues are important to you and how the Bicycle Alliance can address them.
- Help determine legislative priorities for 2007.
- Set the agenda for Lobby Day.
- Learn what fall ballot issues cyclists should care about.

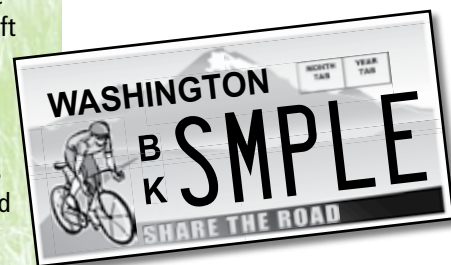
#### Location

Wilburforce Foundation, 3601 Fremont Ave N #304, Seattle.

Lunch and snacks are provided.

#### RSVP to

BarbC@bicyclealliance.org



**PURCHASE YOURS WHEN  
YOU RENEW YOUR VEHICLE  
LICENSE TABS!**

# NEWS from around the state



## Save the Date

### July 22

Statewide Issues and Legislative Committee Meeting, 10AM-2PM

### August 12

Tour de Fat in Fremont

### August 26-27

RAPSody Ride Around Puget Sound

### November 3-4

Washington State Trails Conference

### November 4

Bicycle Alliance Annual Auction

## Regional Routes Network

Mapping out a good bike route from one city to another can be time-consuming and frustrating. Now, a group of bicycle clubs from around Puget Sound is promoting the adoption and implementation of a regional route system — a seamless, easily navigable major bicycle route network to all major destinations in the region.

Cascade Bicycle Club, along with bicycle clubs from King, Kitsap, Pierce and Snohomish counties, recently prepared the Regional Bicycle Network Study. Proposed improvements include shared roadways, bike lanes, paved shoulders, and shared-use paths and trails, all networked into 1,521 miles linking 90 cities in the four-county region.

The 42-page study, entitled *Left by the Side of the Road*, may be downloaded from the Cascade Bicycle Club website at [www.cascade.org/Advocacy/Resources.cfm](http://www.cascade.org/Advocacy/Resources.cfm). For more information or a CD copy of the study, contact David Hiller, [david.hiller@cascasebicycleclub.org](mailto:david.hiller@cascasebicycleclub.org).

## 1st Annual Wheels to Meals Successful

The Food Connection held its first annual fund raising bike ride, Wheels to Meals, on June 3. The 49 riders chose between 20 and 50 mile loops through the Puyallup Valley and raised more than \$6,500 for Pierce County's largest food bank. A highlight of the ride was the rest stop at Mother Earth Farm, an eight-acre organic farm operated by the Emergency Food Network that produces more than 100,000 pounds of fresh produce annually for Pierce County food banks.

The Food Connection collects and distributes more than 1.7 million pounds of food each year to more than 100,000 Pierce County residents (duplicated count), more than half of whom are children or seniors, in addition to supporting more than 20 Pierce County non-profits and operating a weekly mobile food bank for Lakewood's Springbrook neighborhood. For more information on Wheels to Meals or the Food Connection, please contact Kevin Glackin-Coley at [keving@foodconnection.org](mailto:keving@foodconnection.org) or 253.383.5048.

## Sammamish River Trail: Temporary Closure

For one month beginning July 10, a portion of the Sammamish River Trail between Redmond and Woodinville will be closed intermittently for repairs and improvements.

The work, being done by King County Roads Services Division, is scheduled for the stretch of trail from its intersection with NE 145<sup>th</sup> Street in Woodinville south to its intersection with NE 124<sup>th</sup> Street in Redmond. The trail will be repaved and widened to 12 feet from its current width of 10 feet.

Cyclists will be asked to dismount while moving through active construction zones. Repair crews will work between 9AM and 3PM, Monday to Friday, so that cyclists who use the trail as a commuting corridor are not affected by the work. For more information, contact Karan Soi at 206.263.7283 or [karan.soi@metrokc.gov](mailto:karan.soi@metrokc.gov).

## US 2 Route Development Plan

Because of high weekend recreational traffic and safety problems on US 2 highway, Washington State Department of Transportation (WSDOT) is producing a list of short- and long-term safety and mobility improvements to be implemented over the next 20 years.

US 2 is a recognized, well-traveled bike route, so WSDOT's planning will impact us. The shoulder width along US 2 currently varies and, in some spots, is nonexistent. Cyclists must merge into vehicle lanes to cross bridges.

Please submit comments and get updates at [www.wsdot.wa.gov/projects/us2.rdp](http://www.wsdot.wa.gov/projects/us2.rdp). You can also contact project manager Renee Zimmerman at 206.464.1273 or [zimmerr@wsdot.wa.gov](mailto:zimmerr@wsdot.wa.gov).

# BICYCLE ALLIANCE is on the Road for YOU

Our Safe Routes Program Manager, Dave Janis, has been teaching classes around the state along with Charlotte Claybrooke, WSDOT's Coordinator for SR2S. So far the team has taught eight classes, and more are in the works. They explain the latest WSDOT grant-related opportunities, grant writing basics, and how the Bicycle Alliance can help. For more information contact Dave at 206.224.9252 or [DaveJ@bicyclealliance.org](mailto:DaveJ@bicyclealliance.org).

## Annual Update on Pedestrian & Bicycle Safety

In the December 2005 Gray Notebook (WSDOT's Quarterly Performance Report), Washington's ranking among other states for bicycle and pedestrian safety has improved, as measured annually by the National Highway Traffic Safety Administration. Based on the latest data available, Washington's pedestrian safety ranking improved in 2004 to 12th lowest in the number of fatalities nationally, up from 18th lowest in 2001. Likewise, our bicycle safety ranking moved up to 10th lowest nationally from 16th in 2001. In Washington, pedestrian injuries remain the third leading cause of injury and death for children 1 - 17 years old. Bicycle injuries are the second leading cause of hospitalization due to injury for children 5 to 14 years old.

In the 2005 Transportation Partnerships Package, the legislature included \$75 million for bicycle and pedestrian projects over the next 16 years. More details on this topic and other key issues can be found at [www.wsdot.wa.gov/accountability/](http://www.wsdot.wa.gov/accountability/).

# Washington State Trails Conference 2006

Make an investment in your trail's future. Spend two days in the community of trail builders, dreamers, planners, funders, builders, users and volunteers at the biennial Washington State Trails Conference, November 3-4 in Yakima. This year's conference, *Trails for Future Generations*, will feature three workshop tracks: Urban Trails, Funding, and Activism & Public Outreach. Additional details posted at [www.wvta.org/wstc/](http://www.wvta.org/wstc/) as they become available.

## ROADSIDE NOTES: Impatience

By Kent Peterson, Commuting Programs Manager

Now that we are promoting the Share the Road license plates, I've been thinking about what sharing the road truly means for bicyclists and motorists.

Motorists, like bicyclists, are trying to get somewhere. While we sometimes view each other as the bad guy, the real issue is often impatience. Probably the single best thing I've learned in years of bike commuting is to slow down. I try hard not to cram my life so full of obligations that I feel forced to sprint through that yellow light. Pushing too fast puts you and others at risk. Slowing down, specifically budgeting an extra time buffer for your trips, is not just a good way to reduce stress, it's one of the best ways you can increase your safety.

Read about Kent's more patient, car-free lifestyle in the suburbs in a *Seattle Times* feature article, available online at [seattletimes.nwsources.com/html/localnews/2003023972\\_carless28e.html](http://seattletimes.nwsources.com/html/localnews/2003023972_carless28e.html).



- \$25 Individual
- \$50 Sponsor
- \$100 Patron
- \$250 Sustaining
- \$500 Life
- \$15 Student/Senior or Living Lightly

Individuals signing up at these levels will receive Bike Alliance gloves.

Circle size: S M L XL

- \$100 Organization
- \$250 Sustaining

Clubs, shops, or businesses signing up at this level will be listed in the Bike Alliance newsletter.

- I am already a member - this is a renewal.
- I am interested in monthly giving.
- I would like to volunteer.
- I would like to receive email alerts.
- I would like more information.

The Bicycle Alliance occasionally exchanges its mailing list with organizations involved in similar issues. If you DO NOT want to have your name exchanged, please check here.

## YES, I would like to become a member of the Bicycle Alliance of Washington

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

### Please charge my:

- American Express
- Visa
- Mastercard

Card # \_\_\_\_\_

Expires \_\_\_\_\_ Signature \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

My check is enclosed

My gift will be matched by my employer: \_\_\_\_\_  
Please include employer form.

Make/Send checks payable to: The Bicycle Alliance of Washington  
PO Box 2904,  
Seattle, WA 98111

Thank you! The Bicycle Alliance of Washington is a 501(c)(3) organization. Your donation is tax-deductible to the fullest extent allowed by law.

## Bike & Ped Grant Deadlines Approaching

Communities across the state have the opportunity to increase safety for bicyclists and pedestrians through two grant programs managed by WSDOT:

- The Pedestrian and Bicycle Safety program has \$7 million in state funds for engineering solutions, educational programs, and enforcement efforts geared towards safety. Applications are due to WSDOT on September 20.
- The Safe Routes to Schools (SR2S) program was created to provide children a safe, healthy alternative to riding in buses or cars to school. SR2S has \$7 million in federal funds available for relevant public agency projects. Applications are due to WSDOT on October 2.

More detailed information about both grant programs and the application process is available at [www.wsdot.wa.gov/TA/ProgMgt/Grants/Ped\\_Bike.htm](http://www.wsdot.wa.gov/TA/ProgMgt/Grants/Ped_Bike.htm).

## Moving? New email address?

Please call or email us with your changes

206.224.9252 ☎ [MarkC@bicyclealliance.org](mailto:MarkC@bicyclealliance.org)



**BICYCLE  
ALLIANCE**

OF WASHINGTON

P.O. Box 2904, Seattle WA 98111  
206.224.9252  
[BicycleAlliance.org](http://BicycleAlliance.org)

ADDRESS SERVICE REQUESTED



## VOLUNTEERS NEEDED AT Fremont's Tour de Fat

August 12, join us for Tour de Fat, a Seattle-style celebration bringing together all facets of cycling and alternative transportation.

It's a beer festival pouring Fat Tire beer to raise funds for the Bicycle Alliance, but it's so much more too! Tour de Fat includes a parade in the morning, live music, a vintage bike show, bike games for kids and adults, juggling, costumes, and more.

We need several dozen volunteers to make this event successful.

The following shifts are available:

7:30-10:30AM Set-up the beer garden, booth tents, banners

8:00-10:00AM Morning ride registration

10:30AM-1:30PM Beer selling

10:30AM-1:30PM Merchandise selling

1:30-4:30PM Beer selling

1:30-5:30PM Merchandise selling

2:30-5:30PM Beer selling and tear down

5:30-7:30PM Break down event

If you're able to volunteer, send an e-mail to [BarbC@bicyclealliance.org](mailto:BarbC@bicyclealliance.org) indicating your desired shift.

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The **Bicycle Alliance**

ADVOCATES for bicyclists and  
a **BICYCLE-FRIENDLY** Washington.