



Why: To connect Spokane residents to local outdoor activities right here at home. Try things out with expert guidance without buying/renting equipment.

When: July 11th, 2009, from 9AM-6PM

Where: Camp Sekani, 6707 E. Upriver Drive on the north bank of the Spokane River near Beacon Hill. Shuttle available from Pasadena Park Elementary on Upriver Drive.

How much: \$35 dollars/family of 5. \$5/person in addition. \$15 per person if alone.

Activities:

Water sports (Canoeing and Kayaking- White Water, Rafting)
Rock Climbing (Bouldering)
Camping

Cycling (Road and Mountain, XC Freestyle, Downhill, road)
Geocacheing
Survival Skills
Fly Fishing

Long Boarding
Hiking
Outdoor Cooking (Dutch Oven)
Ropes Course
Outdoor Photography

Participants can rotate through three different events, interspersed with breaks for rest and seeing other activities. Spend 45 minutes on each activity, with a 15 minute transition phase. You don't have to bring anything except your picnic stuff – we have it all right there for you!

To Register: Click [HERE](#). The description of the event will be displayed. Clicking the “ADD” button in the top right corner of the box will take you to the event registration page.

Refreshments: Food will not be sold on site, so *bring your own picnic*.

Event Sponsors: Out There Monthly, Inland Northwest Trails Coalition, Spokane Parks and Recreation.

Raffle: A raffle for two adventure-themed packages will be held with proceeds going to the Inland Northwest Trails Coalition to continue work in securing and maintaining trails and open space. \$10/10 tickets, buy in advance or at the event. Drawing on July 11 at 5 PM. Raffle packages include:

- A private canoe trip for 12, Mountain Gear Adventure Pack including additional rental gear for another trip, lots of goodies valued at more than \$600.
- A private snowshoe or x-c ski trip on Mount Spokane, Mountain Gear Adventure Pack including additional rental gear for another trip, lots of goodies valued at more than \$600.

Activity Information: Bryan Bussard bryanmbussard@gmail.com Mike Aho (maho@spokanecity.org)

Raffle: Lunell Haught, INTC, 509-443-1319, Lunellh@aol.com